

PRBB Intervals Course Proposal

Course Title:

Develop your professional self in science – tips from the private sector

Proposed date(s):

4th October 10:00 - 13:00

Course Language:

English

Course Leader(s) and very brief summary of relevant qualifications and experience (no more than 2 lines for each trainer):

Teresa Villoslada is an HR professional with 10 years of experience in tech multinational companies. Nowadays, Teresa is Culture and People Ops Manager in Seqera Labs, a hypergrowth biotech start-up based in Barcelona. She's leading the hiring & onboarding process and the implementation of remote working experience initiatives to a techled team around the world.

Rationale for course (why is this course of interest for the PRBB staff?) :

Improve professional development and skills when looking for job either in academia field and in private companies market.

Course aim - general:

Understand the needs of the global market and be aligned with the professional expectations

Specific learning outcomes (what new skills, knowledge &/or attitudes will participants to take away from the course?)

Understand the global market, improve online presence, improve their professional self-branding skills, understand non technical skills for an interview, tips for networking, enhance the interpersonal communication skills.

Course contents (outline of topics to be covered)

- Online Presence
- Getting started with your CV and Cover Letter
- Self - branding positioning statement
- Networking Best Practices
- Non-technical Interview Preparation
- Core competences & skills

Training methods

Role play activity

Target group in PRBB (Senior scientists, postdocs, predocs, management/admin staff, all residents)

All residents

Number of participants (maximum)

20

Total course hours (Please specify: direct training with instructor present and required self-study)

Note: only the direct training hours will be included in the post-course certificate.

Number of hours of class time: 3 hours

Number of hours of self-study: -

Total number of course hours: 3 hours

Distribution of course (hours/days)

3-hour session

Pre-course preparation and/or between sessions?

CV sent in advance

Material participants need to bring (laptops, etc...)

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Relevant background reading/ audiovisual/websites or other materials

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